

Steps to Complete Confirmation

Welcome to the preparation process for Confirmation! I hope it is a faith-filled time for you, your sponsor, and your family. I hope this process deepens your participation and commitment with our church. This booklet has been put together to assist your preparation for Confirmation. ***Please bring this booklet and a pen to each of the Confirmation sessions*** as it contains the outlines you will need for taking notes at the sessions. Contact **Paul Deziel** with any questions at pdeziel@guardian-angels.org or 651-789-3173.

Confirmation Requirements

Our goal is to prepare young people who are ninth grade or in high school to receive the Sacrament of Confirmation. Our program is "continuous and flexible" as you may enter it at any time and complete the sessions in any order. However, it is **recommended that students begin attending Confirmation sessions in the fall** and use the spring sessions as back-up sessions. Students preparing for Confirmation must complete:

- **Four** education sessions (Sign of the Cross, Anointed with Oil, the Holy Spirit, and Unity)
- **One retreat** of their choice (TEC, NET, Catholic High School, Guardian Angels, or Mission Trip).
- **One safety session** (skills to prevent teen sexual abuse as required by the Archdiocese)
- **Two hours** of service to the poor or vulnerable (see guidelines in booklet)
- **Participate in Small Groups** for faith sharing throughout the year (see schedule).
- **Call to Ministry** Session for all Guardian Angels youth.
- **Paperwork**- Sponsor Form, Service Form, Candidate Form, Evaluation Form , and an updated Certificate of Baptism if not baptized at Guardian Angels.

Confirmation is celebrated at the Cathedral in St. Paul in the fall of 2019.

Steps to Complete Your Preparation:

1. **Register for the program**- On line at www.guardian-angels.org or by paper in the parish office.
2. **Choose a Sponsor and Submit the Sponsor Form.** We ask that you choose a Confirmed Catholic, a person of faith you admire who is not your parent, and someone who can attend all four of the education sessions with you. This person can support your growth in faith this year and beyond.

3. **Choose and register for a Confirmation retreat of your choice-** Challenge yourself to choose a retreat from the retreat options listed in the Confirmation booklet that will help you grow spiritually. Confirmation retreats fill up quickly so register for your retreat soon.
4. **Attend the four education sessions (with sponsor) and one safety session (with a parent) of your choice** (see calendar listing sessions on page 3 or on our website).
5. **Participate in the Small Group Faith Sharing sessions.**
6. **Plan and complete your Service to the Poor or Vulnerable-** Serving the poor and vulnerable is an essential element of living our Catholic Faith. Use the guideline sheet of service resources listed in your Confirmation booklet.
7. **Fill in the Service Form and give it to Paul** by August 30, 2019.
8. **Choose a Confirmation Name** (or choose to use your own name from Baptism). Read the guidelines in your booklet. You will communicate the choice of your name to Paul by using the Candidate Form in the Confirmation booklet.
9. **Fill out the Evaluation and Candidate Forms** (see booklet) and send them to Paul by August 30, 2019.
10. **Updated Certificate of Baptism-** If you were not baptized at Guardian Angels Church please contact the church of your baptism and get an updated copy of your Certificate of Baptism sent to Guardian Angels. Wait until May to complete this step as **all copies of certificates of baptism must be within six months of our Confirmation date.**
11. **Call to Ministry Session** for all Guardian Angels youth to learn how to be involved in our church after you are confirmed.
12. **Confirmation Mass-** Plan to attend the 11 AM Mass at Guardian Angels the weekend before Confirmation so you can receive a blessing with the community.
13. **Confirmation in fall of 2019-** Attend Confirmation at the Cathedral in St. Paul and receive the Sacrament. You will also receive a Confirmation Certificate that day.